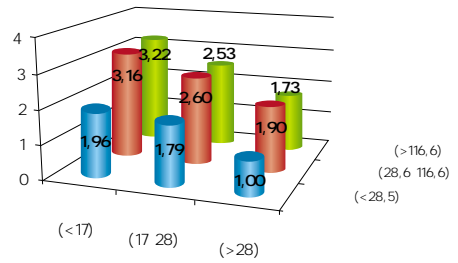




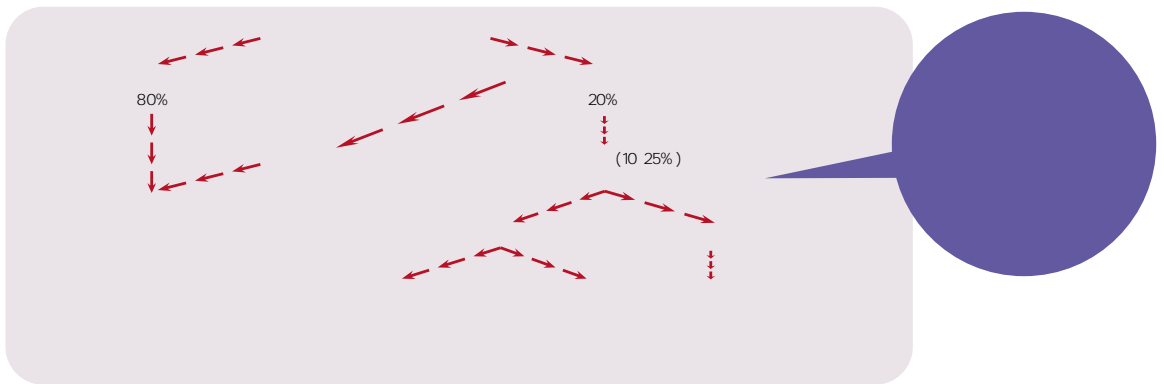
5% 40 30% 60
 50% 80

(

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* Aldoori WH, Giovannucci EL, Rimm EB, et al. A prospective study of diet and the risk of symptomatic diverticular disease in men // Am J Clin Nutr. 1994 Nov; 60(5): 757-64

()

(1500)

80%

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()



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400 2 (M1)
800 2 (M2) -

10

3

11

1)

(p < 0,0001),

(p < 0,001).



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COLLABORATION[®]

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818

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Di Mario F., Comparato G, Fanigliulo L, Aragona G et al. Use of mesalazine in diverticular disease. J. Clin. Gastroenterol. - 40. - 2006. - P. 155- 159.

()

Gatta L, Vakil N, Vaira D, et al. Efficacy of 5 ASA in the treatment of colonic diverticular disease. J Clin Gastroenterol. 2010 Feb; 44(2): 113- 9

(800)

8

Trespi E, Panizza P, Colla C et al. Efficacy of low dose mesalazine (5 ASA) in the treatment of acute inflammation and prevention of complications in patients with symptomatic diverticular disease. Minerva Gastroenterol Dietol. 1997 Sep; 43(3):157-62.

2002 .

(800 /)
(2,4 /) 10

(1,6 /)

8

78%

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). 1

170

Tursi A. Mesalazine for diverticular disease of the colon - A new role for an old drug // Expert Opin. Pharmacother. - 6. - 2005. - P. 69- 74

200 2 (1),
400 2 (2),

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Plantago ovata () -
(psyllium).

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- 3 6 (10 20)
2 3
- 2 3 (6 10)
- 1 2 (3 6)
1 2

1) Fujimori S, Gudis K, Mitsui K et al. A randomized controlled trial on the efficacy of synbiotic versus probiotic or prebiotic treatment to improve the quality of life in patients with ulcerative colitis. // Nutrition. 2009 May;25(5):520-5.

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